

### Your appointment:

**Date:** .....

**Time:** .....

**Location:**

.....  
Please see our website or the back of this form for more branch details

### Duration of Examination:

A pelvic ultrasound usually takes 15-30 minutes. This may vary according to the reason for the examination.

### Please bring with you:

- Your request form
- All previous relevant imaging
- Medicare and any Healthcare cards

### Payment on the day of the examination is requested.

For more information on this procedure please call one of our branches.

For more information regarding Benson Radiology please visit:  
[www.bensonradiology.com.au](http://www.bensonradiology.com.au)

### What is a Gynaecological (Pelvic) Ultrasound scan?

A gynaecological or pelvic ultrasound involves assessment of the female pelvic organs (uterus and ovaries). These organs can be assessed, with limitations, by ultrasound scanning through the abdominal wall (transabdominal scan), however the best visualisation is obtained with a transvaginal (internal) pelvic ultrasound scan.

### What preparation is required?

You will be asked to drink ½ litre (500mls) of water at least one hour before your examination and then not empty your bladder before your scan.

### What will happen during the examination?

You may be asked to remove your clothing from the waist down and to lie on an examination table with a sheet to cover you.

A pelvic ultrasound typically begins with a transabdominal scan through a full urinary bladder. The sonographer will apply ultrasound gel to your abdomen. A routine series of images will be taken of the uterus and ovaries.

You will then be asked permission to proceed to a transvaginal scan before it is performed. A transvaginal (internal) scan involves a clean, covered ultrasound probe being introduced a short distance into the vagina. High quality imaging can be performed due to the close proximity of the probe to the pelvic organs. This is a simple, safe and painless procedure that is typically completed in about 10 minutes.

**If you are not sexually active or do not want a transvaginal scan performed please let the sonographer know.** A female chaperone will always be present when a transvaginal scan is performed. There is **no extra cost** associated with the scan.

When the sonographer has completed the scan they will then discuss the imaging with the radiologist (specialist medical imaging doctor).

### Are there any risks?

Ultrasound scans utilise high-frequency sound waves (mechanical vibrations) when producing images. No ionizing radiation is used. Ultrasound has been used in medicine since the 1950's and there have been no confirmed adverse effects attributed to diagnostic ultrasound exposure in this time. Benefits of the scan findings far outweigh any undiscovered risk.

### After the examination

The images will be reviewed and reported by our radiologist. This can take up to 90 minutes. For your convenience we can generally deliver the images and report to your doctor by the next working day. Alternatively your doctor may request that you wait or return later to collect the imaging and report.

It is important you understand why and how we will be assisting you.  
If you have any questions, please call one of our branches or speak to our staff on the day of your visit.